

30/06/21

Dear Parent or Carer,

**Re: Contact of confirmed case of COVID-19 in year 10 at Ysgol Gyfun Gymraeg Bryn Tawe**

NHS Wales Test, Trace, Protect trace everyone who have been in contact with a person who has tested positive for COVID-19 (Coronavirus).

Your child has been identified as a **contact of a confirmed case of COVID-19** and will now need to **self-isolate for 10 days from Friday the 25/06/21**. By identifying contacts and asking them to self-isolate for 10 days, we will reduce the possible spread of COVID-19 from contacts to their family, friends and the wider community.

Self-isolation advice **requires your child to stay at home**, not to go outdoors to exercise, to visit shops, family or friends, or other public spaces. Please do not invite people to your home. Further information on self-isolation can be found in the links at the bottom of this letter.

If your child remains well, the other members of the household do not need to isolate and can continue with their normal activities. If your child is still well at the end of the 10-day period of self-isolation, **they can return to school at Bryn Tawe and their other usual activities on Tuesday 06/07/21**.

To reduce the risk of COVID-19 spreading, there are things that everyone in your family can do to help. These include:

- washing hands with soap and water often – do this for at least 20 seconds
- using hand sanitiser gel if soap and water are not available
- washing hands as soon as they get home
- covering their mouth and nose with a tissue or sleeve (not their hands) when they cough or sneeze
- putting used tissues in the bin immediately and washing hands afterwards
- continuing to follow Government guidelines to avoid the spread of the virus

Please be **alert for symptoms of COVID-19 in your child**, which are:

- A new or continuous cough
- A high temperature (37.8°C or over)
- A loss of or change to sense of smell or taste

**If your child develops ANY of these symptoms, even if they are mild:**



Ysgol Gyfun Gymraeg Bryn Tawe  
Heol Gwrosydd, Penlan, Abertawe SA5 7BU  
Ffôn 01792 560600

Ebost: [SwyddfaBrynTawe5@hwbcymru.net](mailto:SwyddfaBrynTawe5@hwbcymru.net)  
[www.bryntawe.swansea.sch.uk](http://www.bryntawe.swansea.sch.uk)

Pennaeth : Mr Simon Davies



- Book a PCR test for them by phoning 01639 862757 or 119 or through the online portal: <https://www.nhs.uk/ask-for-a-coronavirus-test>
- Inform us at Bryn Tawe that they are unwell with COVID-19 symptoms and that you have requested a test
- Your child should remain in self-isolation
- All other household members should isolate (until further direction is received pending the test result)
- Do not visit a GP surgery, pharmacy or hospital but if you require medical advice please contact NHS 111 or telephone your GP. If there is a medical emergency phone 999
- If you require medical advice for COVID-19 symptoms or another reason, please inform the healthcare worker that your child is a contact of a case of COVID-19 and in self-isolation
- Please follow the advice provided when your child receives their test result

**If your child does not have symptoms:**

If your child has not tested positive in the last 90 days and has been identified as a contact of a positive case, they are advised to take two PCR tests. You can arrange this by phoning 01639 862757. The PCR tests should be carried out on day 1 of their isolation (or as near to the start of isolation as possible) and also 2 days before the end of self-isolation (day 8). This is because symptoms may still develop within this time period and it is still possible to infect other people with the virus.

If the test is positive you will be contacted by TTP again to make sure your child and household have support to self-isolate.

**The 10-day period of self-isolation cannot be reduced by having a test. If your child has a test and it is negative, they must continue to self-isolate until the end of their isolation period as a contact of a confirmed case.**

Further formation on Test, Trace, Protect can be found here <https://gov.wales/test-trace-protect-coronavirus>

Further information on symptoms and self-isolation can be found here <https://gov.wales/symptoms-and-self-isolation-contact-tracing>

For general information on COVID-19 <https://gov.wales/protect-yourself-others-coronavirus>

The COVID-19 online symptom checker can tell you if you need medical help and advise you what to do <https://gov.wales/check-if-you-need-coronavirus-medical-help>

If you have been notified by the NHS or public health authorities and are asked to self-isolate as a contact with someone who has tested positive for coronavirus, your notification is proof to your employer. You may also be entitled to Statutory Sick Pay (SSP). For eligibility please check <https://www.gov.uk/statutory-sick-pay/eligibility>



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If you are on low income or facing financial hardship as a result of having to self-isolate, you can apply for a Welsh Government funded payment via

[www.swansea.gov.uk/isolationpayment](http://www.swansea.gov.uk/isolationpayment)

Advice and guidance to help you cope with isolation can be found at

[www.swansea.gov.uk/coronavirushelp](http://www.swansea.gov.uk/coronavirushelp)

Your child will be able to join all of their lessons with teachers from Bryn Tawe on the Teams platform during the self-isolation period. **Can you please ensure that your child attends their lessons? If there are any difficulties e.g. need to borrow a digital device or connection to the internet, please contact Mrs Nerys Vaughan ([VaughanN9@hwbcymru.net](mailto:VaughanN9@hwbcymru.net)) or Mr Omar Bechar ([BecharO@hwbcymru.net](mailto:BecharO@hwbcymru.net)) to make arrangements.** Please contact us if there are any further questions.

Yours sincerely,

*Simon Davies*



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